

# St John Bosco Catholic Primary School



## Safeguarding Children Policy: Feeling Safe and Happy at School

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## Feeling safe and happy at school

We want to make sure you are healthy and looked after, in and out of your school.

This policy looks at how every grown-up can help make you feel safe, and how you can spot if something bad is happening.

We can help you by:

- Only hiring people who can be trusted to keep you safe.
- Teaching you how to see if people are not keeping you safe.
- Helping you if someone does not keep you safe.
- Making sure all adults at the school know what they have to do.

Sometimes we don't know if something bad is happening, so you need to tell us.

Signed by:

\_\_\_\_\_ Headteacher                      Date: \_\_\_\_\_

\_\_\_\_\_ Chair of governors                      Date: \_\_\_\_\_



## Grown-ups and other children

Grown-ups are there to **help** and **care** for you, but some grown-ups do **bad** things to children.

Sometimes they say and do things that can **upset** or **hurt** you.

A safe grown-up can help you, but you need to **tell them** what is happening.

Other children are in school to learn about things, just like you. Most children are friendly, but some can do bad things.



## Feeling safe and unsafe

Playing with your friends or a hug from your mum, dad or carer can make you feel safe.



If someone or something makes you feel **unsafe** or **frightened**, tell a safe grown-up and they will make it **stop**. You should also get to a **safe place** as soon as you can.

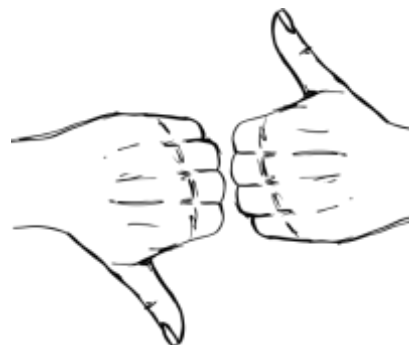


## Saying no

Most of the time grown-ups know what is best for you, like when it is time for bed or eating your vegetables, sometimes it is ok to say no to a

If a grown-up or another child to do something you know is like **stealing**, or if you feel **unsafe**, you can say **no**.

It's not your fault! Don't be afraid to tell a safe grown-up.



but grown-up.

asks you **wrong, scared** or

tell a safe



## Touch

There are **good** and **bad** touches.

**Good** touches:

- A hug
- Help with getting dressed
- Holding hands



**Bad** touches can be **scary**, **hurt** or be **rude**.

Parts of the body covered by a swimming costume are **private**.

We call them **private parts**.



Unless you need help with washing or or need to see someone like a doctor, **no-one** touch your private parts.



costume

dressing, should

the

If a touch makes you feel **scared**, say **no** or make a sign to person to **stop**. You should also tell a safe grown-up.



## Secrets

A **secret** is something we know but try not to tell anyone else.

A **good** secret is a birthday party surprise or knowing someone is going to win a prize.



Sometimes we have been hurt, are afraid, or don't understand what's happened. If someone says we must keep a **bad thing** a secret, that's a **bad secret**.

If you think you have been told to keep a **bad secret**, you must tell a safe grown-up. If they **don't listen** or understand, tell a different safe grown-up until someone helps you.



## Telling a safe grown-up

Safe grown-ups are people who you **trust** to help you, just like your mum, dad or carer.

Make a list below of **safe** grown-ups at your school.

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You need to tell one of these safe grown-ups if something is done or said to you that **hurts** or **upsets** you. They can help you so you can feel **safe** and **happy** again.

You can tell a grown-up by:

- Speaking
- Drawing
- Making signs with your hands, face or body
- Showing or pointing to drawings or photos



After telling a safe grown-up, they can help **stop** the bad things happening, and you can be safe and happy again!