MANAGING ILLNESS ABSENCE

September 2023

Schools Attendance Support Service with Public Health







PARENTS' HANDBOOK

CHILDHOOD ILLNESSES

Primary and Secondary Education





As a parent, if you feel that your child seems seriously unwell, you should trust your own judgement. Contact NHS 111 or your GP if:

- · Your child is getting worse
- Your child is feeding or eating much less than normal
- Your child has had a dry nappy for 12 hours or more or shows other signs of dehydration
- Your child is very tired or irritable

Call 999 or go to A&E if:

- Your child is having difficulty breathing you may notice grunting noises or their tummy sucking under their ribs
- There are pauses when your child breathes
- · Your child's skin, tongue or lips are blue
- Your child is floppy and will not wake up or stay awake

For more information please visit:



NHS Conditions: www.nhs.uk/conditions



Is my child too ill for school?: www.nhs.uk/live-well/is-my-childtoo-ill-for-school



UK HSA Health Protection in Schools: www.gov.uk/government/publications /health-protection-in-schools-and-other-childcare-facilities

If your child has a fever don't send your child to school.

If child, no longer has a high temperature/ fever and is still feeling unwell, then don't send your child to school.

If your child is feeling well with no fever, they can attend school even with a cough.

Make the teacher aware if your child has been feeling unwell.